

SPRING. New daffodils, blossom, fresh green leaves, lambs, ducklings. I love it!

I have been thinking about new babies lately. I have enjoyed talking to ante-natal groups about chemical free products and what to use on their new cherubs delicate thin skin. Red Rata's **NEW Baby Essentials Pack!** Three basic natural essentials for your tiny wee bubs (see below). These make great natural starter packs or perfect gifts for new parents. Tell your friends and family who are pregnant about these gentle natural products to care for baby.

Massaging your baby provides 'bonding through touch'. Gillian White, Nurture Infant Massage, runs classes in Wanaka and teaches how massage can stimulate, soothe and calm your little one, whilst offering a chance to cherish and share love with your baby. Choose unscented cold-pressed plant-based oils for massage with little babies such as **Sweet Almond Oil**. Red Rata now has 100ml bottles for \$6.

Does your baby have **sensitive skin or eczema**? Firstly, avoid chemical based baby products! Many synthetic ingredients are skin irritants and actually make it worse. Hannah, Wanaka Naturopathy, suggests checking for skin sensitivities or allergies, and use **Sweet Almond Oil** to wash and moisturise your baby.

Find out more about the benefits of choosing natural chemical free products for your baby, yourself and the whole family. Visit www.redrata.co.nz, follow us on Facebook and Blog. Read about Sweet Almond Oil, Baby Essentials Pack and more, in Red Rata's [online brochure](#).

Warmest wishes *Susan*



NEW Baby Essentials Pack

3 must have items to care for your newborn...naturally

- Bee Balm 50gm for dry skin and sore bottoms
- Sweet Almond Oil 100ml for massage
- Baby Body Wash 250ml for the bath

Only \$25 www.redrata.co.nz

Spring means thinking about spring cleaning. Red Rata makes it easy for you. We have the best Multi-Purpose Spray Cleaner from Earthwise. It cleans everything, without the harsh chemicals. Natural and only 4 ingredients plus essential oils of tea tree and pine.

500ml Trigger Bottle - usually \$9 **SPECIAL \$7 Order online NOW**



Three reasons to shop at Red Rata

- Everything you need for face, hair, body, baby and home care.
- Pure, simple, natural.
- All products made right here in beautiful Aotearoa, with love.



Lake Wanaka Roy's Bay mid winter

Shopping at Red Rata is so simple

1. Visit www.redrata.co.nz and browse our range of products.
2. **Order** at www.redrata.co.nz
3. **Pay** securely by direct debit, cash or credit card.

Postage \$4-6 (depends on size). **FREE** pick up or delivery in Wanaka.

Red Rata proudly supports Wanaka Playgroup by donating a Bath Pamper Pack for their winter raffle. Let the littlies play ☺



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Get your Bubble Bath while it is still on special at only \$10. A 250ml bottle lasts ages, and makes millions of bubbles. My 3 yr old tries to count them!!!
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Natural *adj* - produced by nature, not synthetic

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Nurture Infant Massage
Gillian White - 03 443 4102
gillian@nurtureinfantmassage.com

Wanaka Naturopathy
Hannah MacDonald - 03 443 6469
hannahmac@slingshot.co.nz